



## **Project Start-up Investigators' Meeting**

Milan  
MICO

Meeting room no. 4, floor -1  
Saturday, June 13, 2015

### **Program**

The **VASOTENS** (Vascular health **AS**essment **O**f **T**he hypert**ENS**ive patients) Registry is the first International Registry on 24-hour ambulatory blood pressure and arterial stiffness monitoring aiming at assessing the impact of non-invasive arterial stiffness estimation on target organ damage and hypertensive patient's cardiovascular prognosis and at providing evidence of the clinical relevance and usefulness of this approach in hypertension management.

#### **18:00 Welcome**

*Stefano Omboni*  
*Scientific Coordinator Vasotens Registry*

*Igor Posokhov*  
*Co-coordinator Vasotens Registry*

#### **18:05 24-hour ambulatory arterial stiffness estimation: current status and perspectives**

*Stefano Omboni*  
*Italian Institute of Telemedicine*  
*Varese (Italy)*

#### **18:20 The VASOTENS Registry: protocol, activities and schedule**

*Stefano Omboni*  
*Scientific Coordinator Vasotens Registry*

*Igor Posokhov*  
*Co-coordinator Vasotens Registry*

#### **18:45 Discussion**

#### **19:00 End of the meeting**